CHART #2: DATES AND PERIODIZATION: 2007 – 2008

COMPETITION / CAMP SCHEDULE																					GOLDEN BEAR OPEN		CARGILL	ALBERTA CE PROVINCIALS (OPEN)							ARIZONA TRAINING CAMP	ARIZONA TRAINING CAMP					LA LOMA: MAY 25TH	LA LOMA: MAY 28TH, 31ST	COMPETITION TBD	CALTAF CLASSIC (13TH – 15TH)		ALBERTA PROVINCIAL CHAMPIONSHIPS (28TH / 29TH)		WORLD JUNIOR CHAMPS (8TH – 13TH)		NATIONAL JUNIOR CHAMPIONSHIPS (25TH – 27TH)		COMPETITION TBD	COMPETITION TBD				
CALENDAR								SEPT.		OCTOBER					NOVEMBER					DECEMBER					JANUARY				FEBRUARY				MARCH					APRIL				MAY				JUNE					JULY				AUGUST				SEPT.	
								17	24	1	8	15	22	29	5	12	19	26	3	10	17	24	31	7	14	21	28	4	11	18	25	3	10	17	24	31	7	14	21	28	5	12	19	26	2	9	16	23	30	7	14	21	28	4	11	18	25	1	8
PERIODIZATION	PERIOD MICRO							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	1	2	3	1	2	3	1	2	3	4	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	1	2	3	4	1	2	3	4	1	2	3	4
	PERIOD MACRO							ONE					TWO					THREE					FOUR			FIVE			REST PERIOD				ONE					TWO					THREE					FOUR				FIVE				REST PERIOD			
	PERIOD							DEVELOPMENT PERIOD ONE															MAINTENANCE PERIOD			MAINTENANCE PERIOD								DEVELOPMENT PERIOD TWO															MAINTENANCE PERIOD				MAINTENANCE PERIOD							
	CALENDAR MICRO							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52
	MONTH							SEPT.		OCTOBER					NOVEMBER					DECEMBER					JANUARY				FEBRUARY				MARCH					APRIL				MAY				JUNE					JULY				AUGUST				SEPT.	
	DATE							17	24	1	8	15	22	29	5	12	19	26	3	10	17	24	31	7	14	21	28	4	11	18	25	3	10	17	24	31	7	14	21	28	5	12	19	26	2	9	16	23	30	7	14	21	28	4	11	18	25	1	8