

Licensed to Rockford Christian H.S.
Manager

HY-TEK's Meet

NAC Outdoor Track Championships - 5/03/2011

All Results FAT

Rockford Christian High School

Results

Event 2 Men 4x800 Meter Relay

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NAC Record: * 8:43.04	2010	Westminster Christian		
School			Finals	Points

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Finals

1 Rockford Christian	'A'	9:13.94	10
2 I M S A	'A'	9:23.04	8
3 Mooseheart	'A'	9:33.14	6
4 Luther North	'A'	9:56.24	4
-- Christian Liberty Academy	'A'	NT	

Event 4 Men 4x100 Meter Relay

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NAC Record: * 44.84	2010	Rockford Christian		
School			Finals	Points

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1 Rockford Christian	'A'	45.15	10
2 I M S A	'A'	46.84	8
3 Mooseheart	'A'	47.71	6
4 Alden-Hebron	'A'	48.82	4
5 Christian Life	'A'	49.68	2
6 Luther North	'A'	50.94	1
7 Christian Liberty Academy	'A'	52.71	
-- Westminster Christian	'A'	NT	

Event 6 Men 3200 Meter Run

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NAC Record: * 10:06.84	2010	Chris Nied, Christian Life		
Name	Year School		Finals	Points

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1 Rehfeldt, Justin	12 Rkfd Christian	10:45.54	10
2 Kwak, Sam	12 I M S A	10:52.28	8
3 Menge, Tyler	11 Rkfd Christian	11:08.36	6
4 McCarty, Nezra	10 Mooseheart	11:29.19	4
5 Miller, Jake	12 I M S A	11:33.77	2
6 Romero, Brandon	10 Mooseheart	12:54.51	1
-- Baran, James	12 Luther North	NT	

Event 8 Men 100 Meter Dash

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NAC Record: * 11.54	2010	Ishmeal Yemoh, Westminster Christian		
Name	Year School		Finals	H# Points

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1 Beachler, Josh	11 Westminster	11.36*	2	10
2 Mixon, Kente	12 Luther North	11.39*	2	8
3 Wade, Dan	12 Rkfd Christian	11.66	2	6
4 Ford, Arthur	12 Rkfd Christian	11.69	2	4
5 Abdulahi, Oumar	10 Mooseheart	12.11	2	2

6	Gricar, Justin	10	Alden-Hebron	12.15	1	1
7	Jackson, Shawon	12	I M S A	12.23	1	
8	Duan, Victor	12	I M S A	12.28	1	
9	Battle, Travis	10	Westminster	12.29	2	
10	Giourdas, Andrew	10	Luther North	12.41	1	
11	Bohn, Andrew	11	Alden-Hebron	12.44	2	
12	Adelspberger, Blake	10	C. Liberty Acad	12.75	1	
13	Filimon, Beni	10	C. Liberty Acad	13.23	1	
--	Moore, Corey	11	Christian Life	NT	1	
--	Anderson, Haydon	11	Christian Life	NT	1	
--	Edmonds, Akeem	12	Mooseheart	NT	2	

Event 10 Men 110 Meter Hurdles

NAC Record: * 16.54 2010		Sung Kim, Christian Life				
Name	Year	School	Finals	H#	Points	
1	Yarngo, Noel	11	Mooseheart	16.02*	2	10
2	Norris, Chris	10	I M S A	16.15*	2	8
3	Mattison, Jonathan	10	Rkfd Christian	18.92	2	6
4	Christiansen, Justin	11	Christian Life	18.94	2	4
5	Nelson, Nick	11	Alden-Hebron	19.55	2	2
6	Bates, Christian	9	Rkfd Christian	20.34	2	1
7	Marble, Josh	11	Christian Life	20.54	1	
8	Luna, Kyle	10	Luther North	20.82	2	
9	Lee, Justin	11	C. Liberty Acad	20.99	1	
10	Mennis, Jessie	11	Mooseheart	22.54	1	
--	Shi, Kevin	12	I M S A	NT	2	

Event 12 Men 800 Meter Run

NAC Record: * 2:03.94 2010		Sam Geddes, Rockford Christian			
Name	Year	School	Finals	Points	
1	Donovan, Chris	12	Rkfd Christian	2:06.60	10
2	Geddes, Sam	12	Rkfd Christian	2:07.44	8
3	Munoz, Jonathan	12	I M S A	2:09.31	6
4	Hoeflich, Steven	12	Westminster	2:10.94	4
5	Baker, Kevin	12	I M S A	2:19.07	2
6	Sanni, Olawale	10	Mooseheart	2:22.44	1
7	Robinson, Cheyne	9	Mooseheart	2:23.22	
8	Smrt, Steve	10	Christian Life	2:25.52	
9	Murray, Patrick	12	Luther North	2:26.02	
10	Christensen, John	11	C. Liberty Acad	2:28.08	
11	Benson, Isaac	9	Westminster	2:31.40	
12	Banta, Aidan	11	Luther North	2:38.80	
13	Kramer, Sam	10	Christian Life	2:44.23	
--	Johnson, Eric	10	Alden-Hebron	NT	
--	Kathan, Michael	11	C. Liberty Acad	NT	

Event 14 Men 4x200 Meter Relay

NAC Record: * 1:33.84 2010		Westminster Christian			
School	Year	School	Finals	Points	
1	Rockford Christian	'A'	1:35.17	10	
2	I M S A	'A'	1:39.76	8	

3	Mooseheart 'A'	1:43.38	6
4	Christian Life 'A'	1:43.68	4
5	Christian Liberty Academy 'A'	1:48.62	2
--	Alden-Hebron 'A'	NT	
--	Westminster Christian 'A'	NT	
--	Luther North 'A'	DQ	

Event 16 Men 400 Meter Dash

NAC Record: * 50.84 2010		Nikko Glasper, Luther North				
Name	Year	School	Finals	H#	Points	
1	Hoeflich, Steven	12 Westminster	53.24	2	10	
2	Mech, Cody	12 Rkfd Christian	53.75	2	8	
3	Gricar, Justin	10 Alden-Hebron	55.71	2	6	
4	Tucker, Daniel	11 Mooseheart	56.78	2	4	
5	Weyrauch, Evan	12 Rkfd Christian	56.87	2	2	
6	Dogan, Evren	12 I M S A	58.82	2	1	
7	Kraweic, Oskar	9 C. Liberty Acad	59.95	1		
8	Gingerevans, Xavier	11 I M S A	1:01.23	1		
9	Cruz, Tim	9 C. Liberty Acad	1:04.42	1		
10	Goodrich, Luke	9 Christian Life	1:05.44	1		
11	Potter, Max	9 Christian Life	1:13.10	1		
--	Richardson, Chris	12 Westminster	NT	2		
--	Edmonds, Akeem	12 Mooseheart	NT	2		
--	Johnson, Donald	9 Alden-Hebron	NT	1		

Event 18 Men 300 Meter Hurdles

NAC Record: * 42.24 2010		Jeremy Lang, Rockford Christian				
Name	Year	School	Finals	H#	Points	
1	Yarngo, Noel	11 Mooseheart	41.58*	2	10	
2	Lang, Jeremy	12 Rkfd Christian	42.35	2	8	
3	Magnuson, Cory	12 Rkfd Christian	42.50	2	6	
4	Wave, Greg	11 Christian Life	48.74	2	4	
5	Lee, Justin	11 C. Liberty Acad	49.72	2	2	
6	Luna, Kyle	10 Luther North	50.61	2	1	
7	Owens, kendall	11 Mooseheart	51.46	2		
8	Marble, Josh	11 Christian Life	58.38	1		
9	Yang, Allan	12 I M S A	1:07.44	1		
--	Shi, Kevin	12 I M S A	NT	1		

Event 20 Men 1600 Meter Run

NAC Record: * 4:27.74 2010		Justin Rehfeldt, Rockford Christian			
Name	Year	School	Finals	Points	
1	Rehfeldt, Justin	12 Rkfd Christian	4:43.24	10	
2	Munoz, Jonathan	12 I M S A	4:55.87	8	
3	Kwak, Sam	12 I M S A	5:04.01	6	
4	Kesner, Tyler	9 Luther North	5:05.95	4	
5	Anderson, Ethan	10 Rkfd Christian	5:07.53	2	
6	Salsgiver, Jack	10 C. Liberty Acad	5:15.66	1	
7	Karr, Jonathan	11 C. Liberty Acad	5:15.97		
8	Smrt, Steve	10 Christian Life	5:20.74		
9	Benson, Greg	12 Westminster	5:23.68		

10 Nicholas, Willie	9 Mooseheart	5:28.72
11 Loose, Joey	12 Luther North	5:45.40
12 Benson, Isaac	9 Westminster	5:52.63
-- Johnson, Eric	10 Alden-Hebron	NT
-- York, Ian	12 Christian Life	NT
-- McCarty, Nezra	10 Mooseheart	NT

Event 22 Men 200 Meter Dash

NAC Record: * 23.74 2010		Kente Mixon, Luther North		Finals	H#	Points
Name	Year	School				
1 Beachler, Josh	11	Westminster		23.03*	2	10
2 Gailey, Ethan	11	Rkfd Christian		24.29	2	8
3 Abdulahi, Oumar	10	Mooseheart		24.30	2	6
4 Richardson, Glen	12	I M S A		24.40	1	4
5 Olson, Zac	12	Alden-Hebron		24.70	2	2
6 Mahoney, Sahr	10	Mooseheart		24.80	1	1
7 Battle, Travis	10	Westminster		24.85	2	
8 Reme, Kenny	11	C. Liberty Acad		25.09	2	
9 Bohn, Andrew	11	Alden-Hebron		25.52	1	
10 Duan, Victor	12	I M S A		26.05	1	
11 Sati, James	11	Christian Life		26.12	1	
12 Bravo, Noah	9	Luther North		27.13	1	
13 Saunders, Kenny	9	Christian Life		27.22	1	
14 Arackal, Noel	11	C. Liberty Acad		28.18	1	
-- Mixon, Kente	12	Luther North		NT	2	
-- Ford, Arthur	12	Rkfd Christian		NT	2	

Event 24 Men 4x400 Meter Relay

NAC Record: * 3:34.04 2010		Rockford Christian		Finals	Points
School					
1 Rockford Christian 'A'				3:40.39	10
2 Mooseheart 'A'				3:51.19	8
3 I M S A 'A'				3:54.41	6
4 Christian Life 'A'				3:57.43	4
5 Luther North 'A'				4:04.64	2
6 Christian Liberty Academy 'A'				4:05.74	1
7 Westminster Christian 'A'				4:07.29	

Event 26 Men High Jump

NAC Record: * 6-10 2010		Jordan Peyton, Christian Life		Finals	Points
Name	Year	School			
1 Abdulahi, Oumar	10	Mooseheart		6-06.00	10
2 Christiansen, Justin	11	Christian Life		5-10.00	8
3 Norris, Chris	10	I M S A		5-08.00	6
4 Flosi, Sean	12	Luther North		5-04.00	3
4 Hayes, Zach	9	Rkfd Christian		5-04.00	3
6 Bohn, Andrew	11	Alden-Hebron		5-02.00	0.33
6 Lopez, Jorge	11	Luther North		5-02.00	0.33
6 Marble, Josh	11	Christian Life		5-02.00	0.33
9 Robinson, Cheyne	9	Mooseheart		5-00.00	
-- Kleinjan, Matt	12	I M S A		NH	

Event 28 Men Shot Put

NAC Record: * 46-01.50 2010 Jim Yanik, Christian Life				
Name	Year	School	Finals	Points
1 Dutcher, Ian	12	Westminster	41-09.50	10
2 Robyn, Preston	11	Rkfd Christian	40-06.00	8
3 Rueger, Mason	11	Mooseheart	38-03.50	6
4 Webel, Wilson	10	I M S A	36-06.00	4
5 Polsean, Jeff	11	Christian Life	36-03.00	2
6 Nelson, Coleman	10	Rkfd Christian	34-04.00	1
7 Judd, Connor	11	I M S A	33-08.00	
8 Heldt, Matt	12	Luther North	32-00.00	
9 Hooper, Pat	11	Alden-Hebron	31-09.00	
10 McKay, Ben	11	Alden-Hebron	30-11.00	
11 Lee, Matt	11	Christian Life	30-01.00	
12 Giourdas, Andrew	10	Luther North	29-06.00	
13 Koch, Stephen	11	C. Liberty Acad	28-10.00	
14 Lee, Jeremy	11	C. Liberty Acad	28-02.00	
-- Sleeting, Michael	10	Westminster	ND	
-- Bullock, Colton	12	Mooseheart	ND	

Event 30 Men Discus Throw

NAC Record: * 150-01.50 2010 Zack Kleven, Alden-Hebron				
Name	Year	School	Finals	Points
1 Robyn, Preston	11	Rkfd Christian	132-06	10
2 Nelson, Coleman	10	Rkfd Christian	130-07	8
3 McKay, Ben	11	Alden-Hebron	106-09	6
4 Potter, Drew	12	Christian Life	102-07	4
5 Rueger, Mason	11	Mooseheart	101-06	2
6 Milkowski, Mike	11	C. Liberty Acad	99-07	1
7 Lee, Jeremy	11	C. Liberty Acad	91-00	
8 Dutcher, Ian	12	Westminster	88-08	
9 Hooper, Pat	11	Alden-Hebron	85-03	
10 Lee, Matt	11	Christian Life	82-08	
11 Heldt, Matt	12	Luther North	82-02	
12 Webel, Wilson	10	I M S A	81-06	
13 Judd, Connor	11	I M S A	76-08	
-- Sleeting, Michael	10	Westminster	ND	
-- Bullock, Colton	12	Mooseheart	ND	
-- Randle, Christian	12	Luther North	ND	

Event 32 Men Long Jump

NAC Record: * 18-10 2010 Kente Mixon, Luther North				
Name	Year	School	Finals	Points
1 Gricar, Justin	10	Alden-Hebron	18-03.50	10
2 Sati, James	11	Christian Life	16-08.00	8
3 Owens, Veron	12	Mooseheart	16-06.00	6
4 Rice, Zac	11	Mooseheart	16-05.50	4
5 Olson, Zac	12	Alden-Hebron	16-02.00	2
6 Biagorri, Alvaro	11	Rkfd Christian	16-01.00	1
7 Sass, Justin	10	I M S A	16-00.00	

8	Figueroa, Erik	11	Luther North	15-06.50
9	Adelspberger, Blake	10	C. Liberty Acad	15-04.00
10	Goodrich, Luke	9	Christian Life	14-07.50
11	Huang, Jimmy	10	I M S A	13-05.50
--	Gailey, Ethan	11	Rkfd Christian	ND
--	Reme, Kenny	11	C. Liberty Acad	ND
--	Mixon, Kente	12	Luther North	ND

Event 34 Men Triple Jump

NAC Record: * 37-01 2010		Lareece Dunn, Mooseheart			
Name	Year	School	Finals	Points	
1	Olson, Zac	12	Alden-Hebron	36-11.00	10
2	Wave, Greg	11	Christian Life	34-10.50	8
3	Teuscher, Preston	9	Rkfd Christian	34-10.00	6
4	Biagorri, Alvaro	11	Rkfd Christian	34-01.50	4
5	Milkowski, Mike	11	C. Liberty Acad	33-11.00	2
6	Owens, Veron	12	Mooseheart	33-04.50	1
7	Shi, Kevin	12	I M S A	32-10.00	
8	Judd, Connor	11	I M S A	30-08.00	
9	Sanni, Olawale	10	Mooseheart	28-08.50	
--	Swan, Alec	10	Christian Life	ND	
--	Figueroa, Erik	11	Luther North	ND	

Event 36 Men Pole Vault

NAC Record: * 12-00 2010		Justin Christiansen, Christian Life			
Name	Year	School	Finals	Points	
1	Swan, Alec	10	Christian Life	9-06.00	10
2	Christiansen, Justin	11	Christian Life	9-00.00	8
3	Teuscher, Preston	9	Rkfd Christian	8-06.00	6
4	Baker, Kevin	12	I M S A	8-00.00	4
5	Mattison, Jonathan	10	Rkfd Christian	7-06.00	2

Men - Team Rankings - 18 Events Scored

==>	1) Rockford Christian	184	2) Mooseheart	94
	3) I M S A	89	4) Christian Life	
66.33	5) Westminster Christian	44	6) Alden-Hebron	
43.33	7) Luther North	23.33	8) Christian Liberty Academy	9