

Touchdown Times 300m Hurdles

USA

Jan Lips

	40.0	40.8	41.6	42.4	43.1	44.0	44.8	45.6	46.4	47.2										
h1	6.5	6.6	6.7	6.8	6.8	6.9	7.0	7.1	7.2	7.3										
h2	4.2	10.7	4.3	10.9	4.4	11.1	4.5	11.3	4.6	11.4	4.7	11.6	4.8	11.8	4.9	12.0	5.0	12.2	5.1	12.4
h3	4.3	15.0	4.4	15.3	4.5	15.6	4.6	15.9	4.7	16.1	4.8	16.4	4.9	16.7	5.0	17.0	5.1	17.3	5.2	17.6
h4	4.4	19.4	4.5	19.8	4.6	20.2	4.7	20.6	4.8	20.9	4.9	21.3	5.0	21.7	5.1	22.1	5.2	22.5	5.3	22.9
h5	4.5	23.9	4.6	24.4	4.7	24.9	4.8	25.4	4.9	25.8	5.0	26.3	5.1	26.8	5.2	27.3	5.3	27.8	5.4	28.3
200		26.5		27.0		27.6		28.1		28.6		29.2		29.7		30.3		30.8		31.4
h6	4.7	28.6	4.8	29.2	4.9	29.8	5.0	30.4	5.1	30.9	5.2	31.5	5.3	32.1	5.4	32.7	5.5	33.3	5.6	33.9
h7	4.9	33.5	5.0	34.2	5.1	34.9	5.2	35.6	5.3	36.2	5.4	36.9	5.5	37.6	5.6	38.3	5.7	39.0	5.8	39.7
h8	5.2	38.7	5.3	39.5	5.4	40.3	5.5	41.1	5.6	41.8	5.7	42.6	5.8	43.4	5.9	44.2	6.0	45.0	6.1	45.8
run in	1.3	40.0	1.3	40.8	1.3	41.6	1.3	42.4	1.3	43.1	1.4	44.0	1.4	44.8	1.4	45.6	1.4	46.4	1.4	47.2

	48.1	48.9	49.7	50.5	51.2	52.1	52.9	53.7	54.5											
h1	7.4	7.5	7.6	7.7	7.7	7.8	7.9	8.0	8.1											
h2	5.2	12.6	5.3	12.8	5.4	13.0	5.5	13.2	5.6	13.3	5.7	13.5	5.8	13.7	5.9	13.9	6.0	14.1		
h3	5.3	17.9	5.4	18.2	5.5	18.5	5.6	18.8	5.7	19.0	5.8	19.3	5.9	19.6	6.0	19.9	6.1	20.2		
h4	5.4	23.3	5.5	23.7	5.6	24.1	5.7	24.5	5.8	24.8	5.9	25.2	6.0	25.6	6.1	26.0	6.2	26.4		
h5	5.5	28.8	5.6	29.3	5.7	29.8	5.8	30.3	5.9	30.7	6.0	31.2	6.1	31.7	6.2	32.2	6.3	32.7		
200		31.9		32.4		33.0		33.5		34.1		34.6		35.2		35.7		36.2		
h6	5.7	34.5	5.8	35.1	5.9	35.7	6.0	36.3	6.1	36.8	6.2	37.4	6.3	38.0	6.4	38.6	6.5	39.2		
h7	5.9	40.4	6.0	41.1	6.1	41.8	6.2	42.5	6.3	43.1	6.4	43.8	6.5	44.5	6.6	45.2	6.7	45.9		
h8	6.2	46.6	6.3	47.4	6.4	48.2	6.5	49.0	6.6	49.7	6.7	50.5	6.8	51.3	6.9	52.1	7.0	52.9		
run in	1.5	48.1	1.5	48.9	1.5	49.7	1.5	50.5	1.5	51.2	1.6	52.1	1.6	52.9	1.6	53.7	1.6	54.5		

