

	MEN'S STANDARDS		WOMEN'S STANDARDS	
	Scholarship	Walk-on	Scholarship	Walk-on
100m (FAT)	10.90	11.00	12.15	12.55
200m (FAT)	21.90	22.70	25.45	25.90
400m (FAT)	48.80	50.00	58.00	59.00
800m	1:54	1:57	2:16	2:22
1600m	4:19	4:29	5:12	5:22
3000m	<i>na</i>	na	10:45	11:00
3200m	9:20	9:35	11:25	11:40
5000m	15:25	15:40	18:20	18:35
10,000m	32:30	33:00	37:00	37:30
100m/110mH (FAT)	14.50	15.00	14.65	15.00
300H (FAT)	38.50	40.50	44.00	46.50
400H (FAT)	54.00	56.00	61.00	66.00
3000m Steeple	9:20	9:45	11:10	11:45
Long Jump	22'-6"	21'-10"	18'-1"	17'-5"
Triple Jump	47'-0"	45'-0"	38'-2"	36'-5"
Pole Vault	15'-1"	14'-9"	11'-0"	10'-3"
High Jump	6'-9"	6'-4"	5'-7"	5'-4"
Weight Throw	57'	53'	53'	49'
Shot Put	56' (12lb)	53' (12lb)	42'	39'
Discus	170' (1.6k)	155'(1.6k)	130'	120'
Hammer	170' (16lb)	155'(16lb)	160'	148'
Javelin	175'	160'	130'	110'
XC @ 3.0 miles	15:00	15:30	18:00	18:30

The chart lists athletic performances that will be **considered** for athletic scholarships

Athletic scholarships range from 1% to 100%

- Factors Considered:
- A. Academic Excellence
 - B. Current team strengths
 - C. Quality performances in multiple events
 - D. Coaches Evaluation
 - E. Competition background / Potential for development
 - D. Any item deemed important by the SIUE coaching staff