

	MEN'S STANDARDS		WOMEN'S STANDARDS	
	Scholarship	Walk-on	Scholarship	Walk-on
100m (FAT)	<b>10.90</b>	11.00	<b>12.15</b>	12.55
200m (FAT)	<b>21.90</b>	22.70	<b>25.45</b>	25.90
400m (FAT)	<b>48.80</b>	50.00	<b>58.00</b>	59.00
800m	<b>1:54</b>	1:57	<b>2:16</b>	2:22
1600m	<b>4:19</b>	4:29	<b>5:12</b>	5:22
3000m	<i>na</i>	na	<b>10:45</b>	11:00
3200m	<b>9:20</b>	9:35	<b>11:25</b>	11:40
5000m	<b>15:25</b>	15:40	<b>18:20</b>	18:35
10,000m	<b>32:30</b>	33:00	<b>37:00</b>	37:30
100m/110mH (FAT)	<b>14.50</b>	15.00	<b>14.65</b>	15.00
300H (FAT)	<b>38.50</b>	40.50	<b>44.00</b>	46.50
400H (FAT)	<b>54.00</b>	56.00	<b>61.00</b>	66.00
3000m Steeple	<b>9:20</b>	9:45	<b>11:10</b>	11:45
Long Jump	<b>22'-6"</b>	21'-10"	<b>18'-1"</b>	17'-5"
Triple Jump	<b>47'-0"</b>	45'-0"	<b>38'-2"</b>	36'-5"
Pole Vault	<b>15'-1"</b>	14'-9"	<b>11'-0"</b>	10'-3"
High Jump	<b>6'-9"</b>	6'-4"	<b>5'-7"</b>	5'-4"
Weight Throw	<b>57'</b>	53'	<b>53'</b>	49'
Shot Put	<b>56' (12lb)</b>	53' (12lb)	<b>42'</b>	39'
Discus	<b>170' (1.6k)</b>	155'(1.6k)	<b>130'</b>	120'
Hammer	<b>170' (16lb)</b>	155'(16lb)	<b>160'</b>	148'
Javelin	<b>175'</b>	160'	<b>130'</b>	110'
XC @ 3.0 miles	<b>15:00</b>	15:30	<b>18:00</b>	18:30

The chart lists athletic performances that will be **considered** for athletic scholarships

Athletic scholarships range from 1% to 100%

- Factors Considered:
- A. Academic Excellence
  - B. Current team strengths
  - C. Quality performances in multiple events
  - D. Coaches Evaluation
  - E. Competition background / Potential for development
  - D. Any item deemed important by the SIUE coaching staff