

Illinois State University
Men's & Women's
Track & Field/Cross Country
Scholarship & Walk-on Standards

Event	MEN		WOMEN	
	Scholarship	Walk-on	Scholarship	Walk-on
100	10.85	11.00	12.00	12.30
200	21.60	22.00	25.00	25.90
400	48.00	50.50	56.90	59.00
800	1:53.00	1:56.00	2:14.00	2:18.00
1600	4:15	4:25	5:05	5:15
3200	9:15	9:30	11:10	11:40
100h/110h	14:40	15:00	14:40	15:00
300h	38.00	40.00	44.00	46.00
400h	53.50	55.00	60.00	65.00
LJ	23'6"	22'4"	19'	17'6"
TJ	48'	46'	39'	36'
PV	15'6"	14'6"	12'	10'6"
HJ	6'9"	6'4"	5'7"	5'4"
SP	60'	55'	44'	40'
Discus	180'	165'	140'	125'
Javelin	180'	165'	135'	110'
Hammer	190'	170'	175'	155'
XC @ Detweiler Park 3 miles	14:40	15:15	17:45	18:30

- Athletic performances will be “considered” for athletic scholarship.
- Athletic scholarships may range 1% to 100%. Having standards in multiple events increases your chance of receiving an Athletic Scholarship
- We conduct try-outs during the first week of September each year.
- Running performance must be FAT.